

	<b>LUNEDI</b>	<b>MARTEDI</b>	<b>MERCOLEDI</b>	<b>GIOVEDI</b>	<b>VENERDI</b>	<b>SABATO</b>
<b>07.00</b>		Pancafit - Posturale		Postural training		
<b>08.00</b>		Pancafit - Posturale		Postural training		Pancafit - Posturale
<b>09.00</b>		Pancafit - Posturale		Postural training		Pancafit - Posturale
<b>10.00</b>	Pilates	Pilates	Pilates	Pilates	Pilates	
<b>13.20</b>	Stability		Stability		Stability	
<b>15.00</b>	Pancafit-Posturale		Pancafit-Posturale		Pancafit-Posturale	
<b>17.00</b>	Yoga		Yoga		Yoga	
<b>17.00</b>		Pancafit - Posturale		Pancafit - Posturale		
<b>18.00</b>	Pancafit - Posturale	Pilates	Stretching	Pilates	Pancafit - Posturale	
<b>19.00</b>	Pancafit - Posturale		Postural training		Pancafit - Posturale	
<b>20.00</b>	Pancafit - Posturale		Postural training		Pancafit - Posturale	