

Sala Spinning

| | LUNEDI | MARTEDI | MERCOLEDI | GIOVEDI | VENERDI | SABATO | DOMENICA |
|-------|----------|----------|-----------|----------|----------|----------|-----------------------|
| 08.30 | Spinning | | Spinning | | Spinning | | |
| 08.40 | | Spinning | | Spinning | | | |
| 09.00 | | | | | | Spinning | |
| 10.00 | | | | | | | Spinning Long Ride |
| 13.30 | Spinning | | Spinning | | Spinning | | |
| 17.15 | Spinning | Spinning | Spinning | Spinning | Spinning | | |
| 18.30 | | Spinning | | Spinning | | | |
| 19.30 | Spinning | | Spinning | | Spinning | | |